How to use eye drop glasses
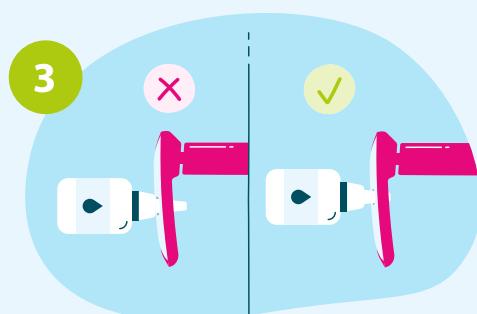
Read before use.
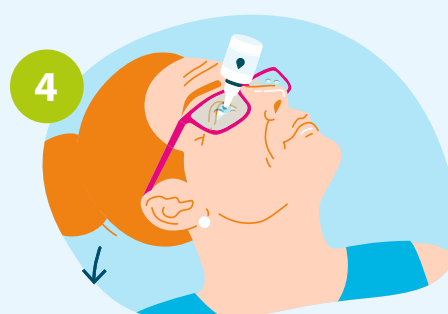
1 Check that the eye drops are still usable.
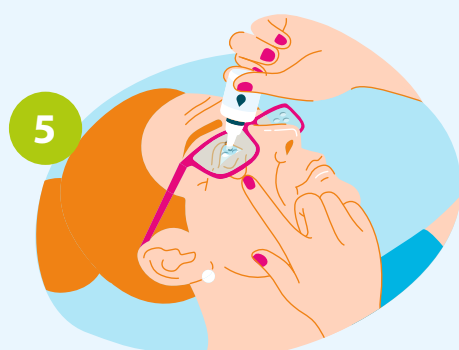
2 Wash your hands and the eye drop glasses.

3 Place the bottle in the hole that fits best. The bottle should not protrude further than 1 cm.

4 Put the glasses on and bend your head back as far as possible (90°).

5 Pull your eyelid down, keeping your eye open. Squeeze the bottle.

6 Take off the glasses. Press the inner corner of the eye for 1 minute. Clean the glasses.

For an instructionvideo, visit www.samenmeervoorelkaar.nl/oogdruppelen